

# The 4th East Asia-West Pacific Region Workshop on Aging Society and Elderly Care.

*Healthy Aging and Morbidity*

June 22, 2013 (Saturday)

Tokyo Metropolitan Institute of Gerontology (TMIG),  
Tokyo, Japan



New facility has been opened in June, 2013.



Organized by

Tokyo Metropolitan institute of Gerontology

# Scientific Program Overview

June 22, 2013 (Saturday)

Tokyo Metropolitan Institute of Gerontology (TMIG)  
Meeting Room (1<sup>st</sup> floor)

13:30-13:40 Welcome address

Hideki Ito, Director

Tokyo Metropolitan Geriatric Hospital and Institute of Gerontology  
(TMGH-IG)

## Session I : Chaired by Tamao Endo (Vice Director, TMIG)

13:40-14:10 Piyarat Govitrapong (Mahidol University, Thailand)

Role of melatonin in protecting neurodegeneration

14:10-14:40 Eun-Kyoung Choi (Hallym University, South Korea)

Current understanding of protein citrullination in prion pathogenesis

14:40-15:10 Kazuhiro Shigemoto (TMIG)

Sarcopenia: The Muscle, Neuromuscular Junction, and Motoneuron

15:10-15:40 Chih-Cheng Hsu (National Health Research Institutes, Taiwan)

Impacts of Chronic Kidney Disease on Frailty Syndrome and Quality of  
Life in the Elderly

15:40-16:00 Coffee Break

## Session II : Chaired by Naoki Maruyama (TMIG)

16:00-16:30 Donald K. Ingram (Louisiana State University System, USA)

Calorie Restriction Mimetics: State of the Art

16:30-17:00 George S. Roth (GeroScience Inc., USA)

Glycolytic inhibition as a strategy for calorie restriction mimetics

17:00-17:30 Isao Shimokawa (Nagasaki University School of Medicine, Japan)

A contrast between roles for FoxO1 and FoxO3 in cancer suppression and lifespan extension by dietary restriction in mice

17:30-17:40 Closing Remarks

Ryutaro Takahashi, Vice Director  
(TMGH-IG)

Taking photo