

<List of the research papers from the Yabu study>

1. Yokoyama Y, Nofuji Y, Seino S, Abe T, Murayama H, Narita M, Shinkai S, Kitamura A, Fujiwara Y. Association of dietary variety with the risk for dementia: the Yabu cohort study. *Public Health Nutr.* 2023;26(11):2314-2321.
2. Nofuji Y, Seino S, Abe T, Yokoyama Y, Narita M, Murayama H, Shinkai S, Kitamura A, Fujiwara Y. Effects of community-based frailty-preventing intervention on all-cause and cause-specific functional disability in older adults living in rural Japan: A propensity score analysis. *Prev Med.* 2023;169:107449.
3. Nofuji Y, Abe T, Seino S, Yokoyama Y, Amano H, Murayama H, Yoshida Y, Shinkai S, Fujiwara Y, Kitamura A. Development of a risk prediction model and a sample risk chart for long-term care certification based on the functional health of older adults. [*Nihon koshu eisei zasshi*] Japanese journal of public health, 2022;69(1), 26-36. [In Japanese]
4. Nofuji Y, Seino S, Amano H, Yokoyama Y, Nishi M, Abe T, Yamashita M, Narita M, Murayama H, Kitamura A, Shinkai S, Fujiwara Y. A study on handling missing data of the Kaigo-Yobo checklist. *Applied Gerontology.* 2022;16(1),30-39. [In Japanese]
5. Abe T, Nofuji Y, Seino S, Murayama H, Yoshida Y, Tanigaki T, Yokoyama Y, Narita M, Nishi M, Kitamura A, Shinkai S. Healthy lifestyle behaviors and transitions in frailty status among independent community-dwelling older adults: The Yabu cohort study. *Maturitas.* 2020;136:54-59.
6. Nofuji Y, Seino S, Murayama H, Yoshida Y, Tanigaki T, Yokoyama Y, Narita M, Nishi M, Nakamura M, Kitamura A, Shinkai S. Process and outcome evaluation of community-based strategies for frailty prevention in the elderly with the help of the senior workforce at Silver Human Resources Centers in Yabu City, Japan. [*Nihon koshu eisei zasshi*] Japanese Journal of Public Health. 2019;66(9),560-573. [In Japanese]
7. Murayama H, Nofuji Y, Matsuo E, Nishi M, Taniguchi Y, Fujiwara Y, Shinkai S. Are neighborhood bonding and bridging social capital protective against

depressive mood in old age? a multilevel analysis in Japan. *Soc Sci Med.* 2015;124:171-179.

8. Murayama H, Nofuji Y, Matsuo E, Nishi M, Taniguchi Y, Fujiwara Y, Shinkai S. The Yabu cohort study: design and profile of participants at baseline. *J Epidemiol.* 2014;24(6):519-525.